**Food Health Survey:**

**What is your favorite snack or meal?**

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**Out of the foods listed, which is the healthiest for you?**

1. Chocolate chip muffin
2. Mac & cheese
3. Hot dog
4. Turkey sandwich

**Do you cook for yourself?** YES or NO

**Can you use the oven?** YES or NO

**Can you use the microwave?** YES or NO

**Do you wash your hands before you cook?** YES or NO

**How often do you eat fruit and vegetables?**

Everyday 2-4 times a week Once a week Once a month Never